

“Seminar on Master Jupiter (Sage Agasthya)”

Discourse 3 by Master Kumar Garu on the 17th of June 2011, at Iguazu, Argentina.

Hearty fraternal greetings and best wishes.

In a humble way we are trying to narrate the events of the life of Master Jupiter who remains eternally. He has been with the planet and humanity, in all the yugas. As I said earlier, right from lemurian times, along with other sons of will and yoga. He also descended on earth and helped planet and humanity. As I said, he resides in the south to enable stability for the planet and also to enable stability for beings of the planet. He brought down much light into the matter. Therefore, there is as more light in the lower planes, so that the beings can pursue the light.

Yesterday I finish talking about his ability to eat and I recommended you to take enough breakfast, to take as much as the soul needs for the body. If you eat consciously, the body gets needed fulfillment.

It so happened that there were two Atlantean brothers who had a plan to find their food without difficulty. The elder brother was called Ilvala. The younger was called Watapi. They always wanted to have a harmless ways to find food. Not to hunt or kill. But they devised a scheme. They had a plot. The younger brother transforms into a very healthy goat. The older brother looks out for people and he finds a very healthy and strong man. He invites the strong person for food. He informs the guest that he has a very healthy goat which he will sacrifice and prepare food to offer to the guest. “The goat has a lot of flesh, freshly cooked for a lunch.” This is how he used to tell the guests: “I have a goat. I am looking for a very strong and healthy guest. I have found you are a very special guest. Would you please come to my house today I have prepared a very good dish with the goat and want to offer it to you for lunch?” So the guest finds it agreeable and he comes home. In his presence he makes a beautiful dish with the goat and served a very good lunch. So the guest takes the food. Once he was fulfilled he used to ask the guest “Are you satisfied?” The guest says, “Yes, I am”. Then the older brother called the younger brother Watapi. He asked his younger brother,” Please come my dear brother”. Watapi was inside, as goat flesh, and came out of the goat, and both brothers had a feast of the brother who had died. That’s how they eat daily human flesh and filling themselves, both brothers. That was their lunch, very sumptuous lunch with human flesh. These were very dangerous brothers. Ilvala and Watapi. Slowly the people were finding that their own family members were missing. Every day one man was found missing from one family. It was a mystery. And this went on for many years. Each time they used to pick up one man from a different village. Slowly over the years it came to be known that in the entire region a man was missing regularly. What was happening, no one could know. They all were in crisis and were afraid, who might be missing today? Who will we miss tomorrow? It seemed like they were all kidnapped.

So they inform Master Jupiter and he listened. He said, “Don’t worry. I’ll take care of it”. One day Master Jupiter himself took the form of a very strong man and went in certain regions where people were disappearing. The 2 brothers found Master Jupiter as extraordinarily fleshy and they thought what a feast they are going to have today. Again the younger brother became a goat and

the elder invited Master Jupiter, Master Jupiter agreed, and the goat was cooked and offered as food and Master Jupiter took the dish. After lunch was over, the older brother invited the younger brother Watapi, "Please come". Master Jupiter did like this (hand rubbing belly) touching belly. Elder brother called Watapi again, "Watapi please come". He was not coming. The older brother called for the third time. Then Master Jupiter said, "Watapi is no more, he is integrated into my system". Then, the elder brother was very surprised. It is not possible because they were great giants and couldn't be easily killed. But Watapi was already part of Master Jupiter. Master Jupiter said, "Watapi never will return, he's integrated into the cells of my body. If you can offer yourself also I am ready to eat you so that you can unite with your brother and be together in me". But the elder brother didn't accept. Instead he prostrated at Master Jupiter's feet and sought to be pardoned and also sought a path for enlightenment.

So therefore, one brother integrated with the Master and the other took the path of light. Then, Master Jupiter went to the village and said that there would be no more problem and no more people would be missing. After that, there is a tradition that has taken place. If you are not able to digest any food, or if you get food poisoning, you think of Master Jupiter and then you may make 3 movements clockwise with your hand on your belly and say: "Jirnam Watapi Jirnam". 'Jirnam means assimilate, assimilate Watapi assimilate. Watapi is the indigestible food in the body. So whenever we have indigestion in the stomach, think of Master Jupiter and seek assimilation of the indigested food. So he gave a clue to people not to get difficulties when eating food. This is a very famous aspect of Master Jupiter so assimilation of food is easy.

Another aspect of Master Jupiter is that he eats a lot of food and never fasts. No fasting, two square meals a day. Not trying to eat less in the evening and more in the morning, two times equal quantity of food, large quantity. So large that people used to be surprised. "How much he can eat!" they said. A sack full of rice he could eat. It takes 500 people to eat a sack! He ate this along with other dishes. It was amazing the way he ate. No one could eat like that. This is an aspect of Jupiter. If you have a strong functioning of Jupiter in your body you are rich in your eating. Now a days rich people are very poor in eating. They are rich in money, but poor in food. One, who doesn't eat well, cannot say he's rich. Man can eat a variety of foods. So therefore he was eating a variety of food, lentils, vegetables, rice, sweets and hot things. But he didn't have a big stomach. We cannot say he had a concave stomach. He had a bit of convex stomach. A stomach a bit convex is considered richness. A fulfilled man has a roundish stomach. He's not like a poor man who has a concave stomach. So it was a pleasure for people to offer food to him. When he ate the cooks were also happy. Cooks are happy when people eat food. Doesn't the mother happy when child eats everything? Doesn't the mother offer good food to her child? Would the mother consider, why eat salads if we can eat horses? When we were goats we ate salads. We are humans now; we are eligible to eat better tasty food now. A food has 6 different tastes, sweet, sour, bitter, hard with chili, salty and acid (astringent). Food must have all these varieties of taste. Only then, it is a complete food. Only then, the 6 chakras will work well, and the 6 glands will secrete well. This is called the 6 fold food. There has to be regularly 6 varieties of tastes entering in you. "I only eat salty things, not sweet", is not correct. We must have all 6 tastes. Only then, food is complete.

Don't try to stick to health rules you hear. Each body is different, so follow rules of health suitable to your body. Do we look the same? According to our qualities we see ourselves. Food is that which gives you enough energy and has the 6 ingredients in it. Do not try to eat other than what the body wants. Do not eat more than the body needs. If you consciously eat, you listen from inside, it is enough. Don't decide, "I will eat only this much". The body is not a machine. It holds different energies on different days depending on the planetary configuration of the day. The body knows the language of the planets and the energies present in the planets. The body has its own language. Sometimes it likes more sweets. Sometimes requires a little more hot. Sometimes it requires a bit more sour things, depending on the configuration of the body that day. It is not like a human made machine. It has different combinations and energy, depending upon the moon phases. On the full moon the body is fulfilled, it doesn't want to eat. Because the energies of full moon are such and he absorbs it. Depending on the moon phase, the body responds. Don't try to mechanize everything. Then, you will lose the rhythm of nature. Be conscious for the food you eat each time you eat. Then, there will be a good agreement between food and body. Then, assimilation is very easy. This assimilation is a very important aspect. Assimilation is an aspect of Jupiter. When Jupiter is strong your assimilation is strong.

If Jupiter is weak then, you work with the sound, symbol and color of Jupiter. Fulfill, by your effort, the energy of Jupiter in you. You can always replenish energies in relation to those planets that by your horoscope you don't have. If you don't have strong Mars, work with the mantra of Mars, the color of Mars, the number of Mars. Then, you have the energies. This is called spiritual astrology, how to make good use of astrology. The horoscope gives you the scope of your functioning, your ability to function, and shows you what are your disabilities and then you turn the disabilities into abilities. That's how astrology must be used. Many astrologers don't know this. When you are weak on something, work with that. Jupiter wants all round fulfillments. You should be full in every aspect of life. Every aspect of life, when full, then your life is splendorous.

Don't avoid things, assimilate them. People avoid marrying and building families. Don't avoid marrying. Everything you avoid, it is your disability. If you are avoiding society, socially you are weak. If you avoid family, you are domestically weak. If you avoid work, economically you are weak. Work on limitations. Life gives you the opportunity to work on weaknesses. Every person has weaknesses and strengths. Don't avoid weakness, work on them and turn them into strengths. Work with Jupiter. Do you see a flower? When all petals are developed fully, only then the flower is beauty. Flowers that have broken petals or are uneven, they don't look good. It is not beautiful. People don't accept such flowers. That's how fulfillment must be in all aspects of life. In that fulfillment, there is also righteousness, the law, the dharma. Dharma is given by Nature and Manu. Manu Viwaswatha gave dharma to humans. Nature also gives dharma. When you follow those dharmas and fulfill, then your life is complete. That's why there is a demonstration of fulfillment in the life of the master. We also have to express this realization in our habits of food.

But does he need so much food? Can we say Master Jupiter is a glutton? He is more than a glutton. A glutton is one who eats excessively. Extraordinarily excessively eating is gluttony. Why should he be such an extraordinary glutton?

When Krishna was on earth he was asked: “why does Master Jupiter eat so much? Why he’s not like other masters?” Krishna said “Master Jupiter is ever fasting. Don’t think he’s always eating. He is fasting.” Can you believe it? Krishna said the contrary about Agastya. “If there is anyone who is fasting in the whole creation that is only Agastya” said Krishna. That was another surprising thing for the listeners. On one side you see that master Jupiter is a glutton, on the other side Krishna says he is fasting. How can these situations agree? How do you reconcile them? People asked then, “Please tell us how you say he is fasting”. Krishna said, “Master Jupiter’s activity of eating is an activity of healing. He is not eating for himself. He eats for all those who are suffering from hunger”. Among those who think of him, if they don’t have adequate food for some reason, some people will have food. If you are follower of Master Jupiter, when traveling, if you don’t find correct food, the followers of master won’t go hungry because on his behalf, Master eats. If you are a follower of Master Jupiter you don’t have to worry about food. When not finding adequate food he will fulfill you. It is my experience. But if by your will you don’t eat, it won’t work. He eats for those who, for one reason or other, could not take food. The food he eats is for them. This is what is called healing through food, healing the hunger through food.

In the 1980’s there was a movement called Hunger Project in Europe. The principle is, you miss one meal a week and the related money you donate to the Hunger Project. So the organizers would offer food for the people in Africa. That means the money you donate by missing a meal will be used to buy food and give to Africans. It was a big movement. When we were in Geneva we got to know about it, and also did Master EK. I told Master EK about it. Master smiled. That evening when we were all eating Master EK ate more than usual. The group asked him, “why are you eating more today?” He said, “In my own way I am contributing to the Hunger Project”. What does it mean? He ate not only for himself; he also ate for one African in Africa. He told us that in the evening, “Let’s contribute to Hunger Project this way. Their way is a very poor way of doing it”. He told people, “if you want to donate a meal, do it, but you don’t have any right to put your body to fasting. If for an illness you fast is different but when you are healthy you have duty to fulfill your body. It’s a duty”.

If you have a horse, do you fast it? If you don’t give him food and mount it, it will kick you out. Your body is your horse, it is your elephant, and it is your vehicle. If you don’t give gasoline to the automobile and want to go to Posadas, what will happen? So, willingly don’t fast your body. But by virtue of your duties if you cannot get the right food, the body cooperates. Not otherwise. Don’t mistreat the body because the body is divine. As much as soul is divine, so the body is divine. The problem is not with the soul or body but with the mind we have developed. Mind has many sick ideas and it glorifies its own sick ideas. The mind has funny ideas because mind is full of illusions. With those illusions, it causes suffering to soul and body. The training is only for the mind, not for the body. The human body is the best body of the whole creation. Not even devas have such body. Animals don’t have it either. We have the possibilities of devas, animals, aqua beings because of this body. Devas cannot touch the earth, the animals cannot fly. Humans can do both. Such a unique equipment is the human body. ”God made man in its own image and likeness” is rightly said. Man has the potentiality of God because he has a human body. There is a tremendous need to understand the human body. The entire cosmos is in the body. The Veda says, “Do not eat for you. Eat for the intelligences in your body”. In the body there are planetary, solar and cosmic principles. When you give food to the body, we feed all these intelligences.

That is why eating food is equal to fire ritual. In the fire ritual we offer food to the planetary, solar and cosmic devas. Also when you eat, the fire in you conducts a ritual to bring the food to all intelligences. That's why, eating is a great ritual. Don't eat anywhere or anything. Eat with attitude of fire ritual. The fire in you is called Vaishwanara, the internal fire, which transmits food that you give into energy and then transports it to the devas of the 6 centers. All this is with eating. People say they are very educated, civilized but they don't know this basic thing. You are eating the food for the intelligences of the macrocosmos in micro cosmos. This is there in a stanza of the Bhagavad Gita.

That is the beauty of Master Jupiter's eating. Don't eat without such attitude. So Master Jupiter always ate for all others who needed food, not for him. People who eat food for them are thieves. In the Bhagavad Gita says, "Those who eat for themselves are thieves." If you think you are only eating for yourself, you are the most selfish person. If you know that you are eating for so many intelligences in your body, you are doing a fire ritual. Illnesses are due to the lack of awareness and knowledge of this.

Master Jupiter is very much fulfilled man. He never had need for a woman. He was so complete by himself, he didn't need a woman. When he was moving in the forest of the south, he saw some beings, Seers hanging upside down. Master Jupiter saw them. He asked them, "Why are you like this? You seem to be great masters but you are upside down and hanging from a tree. What is the problem? Can I help you?" "Yes", said the Seers. "How?" said Master Jupiter. They said, "We will get back to our original position if you marry. You should also have children. Master said, "but I don't need a woman". The Seers said, "Do the 7 great seers need a woman? Did they marry because they needed a woman?" Master Jupiter said, "They didn't need a woman but want to be a good example to the world". The Seers said, "We too want you to be a good example as well. Marry! Have children. Only then you will be a good example. If you don't marry, those who follow you will not marry even if they need to, and they will suppress their desires due to their aspiration to follow you. You may not need a woman because woman and men are integrated in you. You are androgynous. Didn't Shiva marry? The Seers went on, "Shouldn't you marry then? And be a good example?" He didn't answer. Then he asked. "Who are you?" "We are your ancestors. If you don't marry and get children we won't find our ascent". He then accepted to marry. He said to his ancestors, "you know someone who I can marry? Or someone who is eligible to marry me and who I am eligible to marry." The Seers went silent, meaning, there is no one. How shall I then do it? They said, "We don't know. But if you don't marry we will continue hanging upside down. You will cut the family chain, the hierarchy chain, the planetary chain; all chains. We will be stuck if you don't marry. You have all knowledge. You think how to fulfill your duty". Master Jupiter said, "Don't worry, soon I'll liberate you".

Then he went, and contemplated it upon his own qualities. He has as many great qualities as Lord Shiva. So Shiva accepted Parvathi because Parvathi has as many qualities as Shiva so he thought that from all of his qualities "I will conceive a feminine baby". He's a master of sound, of magic and of ritual.

In the afternoon, I'll talk of his magic, sound and ritual. That is where Master St.Germain is connected to Master Jupiter. Master St.Germain works with magic and all magic is invariably with sound and symbol. Without symbol and sound there is no magic. Magic happens if you know how to utter sound over a specific symbol for manifestation of required aspect.

So he contemplated on his own qualities and did the work of magic with sound according with those qualities and created a baby female and brought it to a devotee king who had no children. You have no children and seeking children. Here, have the child and bring her up as you own daughter. The King was happy. The Master himself gave him a child. So he took great care of the child. The girl had same qualities as Master Jupiter and grew with all the 16 splendors of Moon. She was very charming and able and was much sort after by the kings of her time. She was like miss universe "con cualidad pero no sin cualidad" (with quality but not without quality). She was a miss universe with divine qualities. Every prince wanted that girl as his wife. Then the father king was finding difficulty, to whom should he give her daughter? Then he invoked the Master. Master came. The king related his problem. He told the king, "This is not a problem. Even when she was born I knew her husband. I know her "Marido" (husband). Then the king was happy. Who's he? He asked. Master Jupiter said, "It's me!" The king was surprised and totally disappointed. He was surprised because he never expected that the Master would marry and disappointed because she would have to leave all the luxuries of a palace and live in the forest with Master Jupiter and she was only 16 and he was an ageless person. No one knows Master Jupiter's age. How can a father who brought up a child for 16 years offer his daughter to such a man who lives in a small hut in the forest, with no comfort? His mind kept going and going... His blood pressure rose. Master Jupiter looked at him smilingly, "Is there a problem?" "Of course", he said, then Master said, "ask your daughter, don't think about you, ask her what she thinks about it". He was doubtful, "how she can accept him if she has never seen him?" He was a simple man with a beard, long hair, and short, a little bellied. The king said to her, "Dear daughter, this master wants to marry you". The girl looked at master and immediately said, "This is my man". Wow! What a Comedy! The king thought that it would be a tragedy but this was a comedy. He went crazy when he came to know that his daughter accepted him. He never expected his Master asking for his daughter and the daughter accepting him. He saluted the Master and said: "I don't understand anymore. It is beyond all my understanding. You wish to take my daughter's hand and she wants to marry you only. Since it is acceptable for you I'll arrange the marriage". Master later told the king what really happens and took the lady and had 2 sons from the lady. The ancestors are happy. They found their ascent. And then this lady, named Lopamudra, meaning an inner replica of Master Jupiter, was worshiped by all ladies on par with the World Mother. That is how she was and is. That's how his marriage happened.

So the Marriage is one episode, eating habits is another episode and 3 episodes I told you yesterday. We will continue in the afternoon. We have one more class this afternoon and tomorrow morning.

Thank you.